

# MOUNTAIN KIM MARTIAL ARTS 66TH TOURNAMENT

October 21st, 2023



<b>Pre-registration</b>	One-Event	\$95
	Two-Events	\$105
	Three-Events	\$115
<b>At the door</b>	One-Event	\$115
	Two-Events	\$125
	Three-Events	\$135

**General Admission: \$10, cash / check ONLY**  
(free for under 5 & over 65)

**All fees are NON-REFUNDABLE**

PLEASE CIRCLE EACH CATEGORY		
DIVISION		
Men / Boys	Women / Girls	
EVENT		
Poomsae (Forms)	Board Breaking	Kyorugi (Sparring)
BELT LEVEL		
Black (8:00AM)		
White - Yellow Stripe (9:30AM - 12:00PM)	Brown - Brown Stripe (2:00PM - 3:00PM)	
Green - Blue Stripe (12:30PM - 2:00PM)	Red (3:00PM - 5:00PM)	

AGE GROUP & RING ASSIGNMENT			
Ring #1	Ring #2	Ring #3	Ring #4
3 / 4 / 5	6	7	8 / 9
Ring #5	Ring #6	Ring #7	Ring #8
10 / 11	12 / 13	14 / 15 / 16	17 & up

**Note:** Depending on the number of participants, age groups and/or belt levels may be combined for forms and board breaking. Sparring will not be combined at any level.

**Black Belt Meeting:** 7:30AM; all black belts (referees, judges, competitors) are expected to attend this meeting

Name

Belt Color  Age

Phone

Email

Do Jang (school location)

Emergency Contact

Emergency Phone

I hereby submit my application for registration in the 2023 Mountain Kim Martial Arts 66th championship. I agree to waive all claims against anyone associated with the championship for injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with the Championship.

I shall strictly observe and obey the rules and regulations, printed, verbal or otherwise, governing this championship. I further agree that any pictures taken of me in connection with the Championship can be used by the Championship director(s) for publicity or promotion without compensation at this or any other time.

Signature  Date

Parent/Guardian (IF UNDER 18 YEARS OF AGE)

**Please send payments to:**

Mt. Kim  
P.O. Box 7  
Clifton, VA 20124

**Tournament Location:**

**Northern Virginia Community College**

Annandale Campus - Ernest Cultural Center  
8333 Little River Turnpike, Annandale VA 22003

Free parking is available in "Lot B"

**For more information:**

(703) 255 - 0202

[mtkimvienna@gmail.com](mailto:mtkimvienna@gmail.com)

**\*\* Please refer to back side for  
COMPETITION RULES\*\***

# MOUNTAIN KIM MARTIAL ARTS COMPETITION RULES

**Purpose:** The purpose of the Competition Rules is to provide a set of standardized rules for all levels of Championships promoted and/or recognized by Mountain Kim Martial Arts. The Competition Rules are intended to ensure that all matters related to the competition are conducted in a fair and orderly manner. In addition, the Mountain Kim Martial Arts Championship Event is a student-friendly competition. All Competition Rules are applied to prioritize students' safety and to provide them a fair and educational experience.

DESIGNATED POOMSAE (FORMS) PER BELT LEVEL					
Belt Level	Recognized Poomsae		Belt Level	Recognized Poomsae	
White	Gibon Hyung #1 (or any other basic form of student's dojang)		Brown	Taegeuk 7 Jang	(Taegeuk 6 Jang)
White Stripe	Gibon Hyung #2 (or any other basic form of student's dojang)		Brown Stripe	Taegeuk 8 Jang	(Taegeuk 7 Jang)
Yellow	Taegeuk 1 Jang	(Gibon Hyung #2)	Red	Koryo	(Taegeuk 8 Jang)
Yellow Stripe	Taegeuk 2 Jang	(Taegeuk 1 Jang)	1st degree Black	Koryo	(Geumgang)
Green	Taegeuk 3 Jang	(Taegeuk 2 Jang)	2nd degree Black	Geumgang	(Taebaek)
Green Stripe	Taegeuk 4 Jang	(Taegeuk 3 Jang)	3rd degree Black	Taebaek	(Pyongwon)
Blue	Taegeuk 5 Jang	(Taegeuk 4 Jang)	4th degree Black	Free choice	
Blue Stripe	Taegeuk 6 Jang	(Taegeuk 5 Jang)			

\*\*if a non-WT form is performed, the competitor will begin with a disadvantage\*\*

BOARD BREAKING REQUIREMENTS							
Ring #1 Age 3-5	Ring #2 Age 6	Ring #3 Age 7	Ring #4 Age 8-9	Ring #5 Age 10-11	Ring #6 Age 12-13	Ring #7 14-16	Ring #8 17 & up
½ inch board		3 inch		5 inch	7 inch	9 inch	

\*\*NO SAND BLOCKS/BRICKS. WOODEN BOARDS ONLY (available for purchase at the championship entrance (*cash / check ONLY*))

\*\*Color Belts: 3 targets

\*\* Black Belts: 5 targets

KYORUGI (SPARRING)	
All competitors are expected to bring their <b>sparring equipment</b> : mouth guard, groin cup, head gear, instep & shin guards, hand & forearm guards, chest protector	
Traditional WT rules (modified by Mountain Kim Martial Arts) apply; two points for controlled head kick; one point for chest guard strike with kick or noticeable reverse punch	
<b>Color Belts:</b> one round of 90 seconds	<b>Black Belts:</b> two rounds of 60 seconds

\*\*All required sparring gear will be available for purchase at the championship entrance (*cash / check ONLY*)\*\*

\*\*All contestants must wear a **WHITE TAEKWONDO UNIFORM** or a **WT-APPROVED POOMSAE COMPETITION UNIFORM**\*\*

