## mountain kim martial arts

# **60th ANNUAL TOURNAMENT**

November 4<sup>th</sup> 2017

Pre-registration	One-Event	\$55
	Two-Events	\$65
	Three-Events	\$75
At the door	One-Event	\$65
	Two-Events	\$75
	Three-Events	\$85

All fees are NON-REFUNDABLE

### **BELT COLOR:**

### PLEASE CIRCLE EACH CATEGORY

BELT GROUP							
Black	Gold and under		Green and above				
9:00 AM	10:00 AM to 12:30 PM		1:00 PM t	o 5:30 PM			
<b>EVENT:</b>	Forms	Breaking	Sparring	Weapons			
DIVISION:	Men	/Boys	Wome	n/Girls			

AGE GROUP & RING ASSIGNMENT						
Ring # 1	Ring # 2	Ring # 3	Ring # 4			
3/4/5	6	7	8/9			
Ring # 5	Ring # 6	Ring # 7	Ring # 8			
Award Presentation	10 – 14	15 & up	Weapon & Judo			

**NOTE**: Depending on number of entrants, age groups and/or belt levels may be combined for form and board breaking. Sparring will not be combined in any level.

**Black Belt Meeting**: 8:30 AM, All black belts (referees, judges, competitors) are expected to attend this meeting.

#### **RULES**

- 1. **Form**: If a competitor performs a form that is lower belt than the competitor's own, the competitor will get disadvantage. If WTF form is not performed, the competitor will get disadvantage.
- 2. **Sparring**: All competitors are expected to bring their sparring equipments: Mouth Guard, Groin Cup, Head Gear, Instep & Shin Guard, Hand & Forearm Guard, Chest Protector.\* All required gears will be sold at the championship entrance.
- Traditional World Tae Kwon do Federation rule (modified by Mountain Kim Martial Arts). Two points for controlled head kick. One point for chest guard strike with kick or noticeable reverse punch.
- One round of 90 seconds for all color belts. Two rounds of 60 seconds for black belts

#### 3. Board Breaking:

- All color belts Maximum 3 targets.
- Black Belts Maximum 5 targets.
- \*NO SAND BLOCKS OR BRICKS. WOODEN BOARDS ONLY

\*Please visit www.mtkim.com and look for detailed rules.

WHITE UNIFORMS ONLY

Name		D
Phone		
Address		
City		
State	Zip	
Emergency Contact & Phone #		
Email		
Do Jang (school location)		

I hereby submit my application for registration in the 2017 Mountain Kim Martial Arts 60<sup>th</sup> Annual championship. I agree to waive all claims against anyone associated with the championship for injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with the Championship.

I shall strictly observe and obey the rules and regulations, printed, verbal or otherwise, governing this Championship. I further agree that any picture taken of me in connection with the Championship can be used by Championship Director for publicity or promotion without compensation at this or any other time.

Signature Date

SEND PAYMENT TO: Mt. Kim

PARENT OR GUARDIAN (IF UNDER 18 YEARS OF AGE)

210 Dominion Road NE Vienna, VA 22180

Admission: \$10.00 (Free for 5 under, and 65 above)

### **PLACE OF TOURNAMENT:**

## **Northern Virginia Community College**

**Annandale Campus** 

8333 Little River turnpike. Annandale, VA 22003 CE Building

For information: (703)-255-0202 mtkimvienna@gmail.com

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