

mountain kim martial arts
58th ANNUAL TOURNAMENT

October 29th 2016



Pre-registration	One-Event	\$55
	Two-Events	\$65
	Three-Events	\$75
At the door	One-Event	\$65
	Two-Events	\$75
	Three-Events	\$85

All fees are NON-REFUNDABLE

BELT COLOR:

PLEASE CIRCLE EACH CATEGORY

BELT GROUP

Black	Gold and under	Green and above
9:00 AM	10:00 AM to 1:00 PM	1:30 PM to 5:30 PM
EVENT:	Forms Breaking Sparring Weapons	
DIVISION:	Men/Boys Women/Girls	

AGE GROUP & RING ASSIGNMENT

Ring # 1	Ring # 2	Ring # 3	Ring # 4
3 / 4 / 5	6	7	8 / 9
Ring # 5	Ring # 6	Ring # 7	Ring # 8
Award Presentation	10 – 14	15 & up	Weapon & Judo

NOTE: Depending on number of entrants, age groups and/or belt levels may be combined for form and board breaking. Sparring will not be combined in any level.

Black Belt Meeting: 9:00 AM, All black belts (referees, judges, competitors) are expected to attend this meeting.

RULES

- Form:** If a competitor performs a form that is lower belt than the competitor's own, the competitor will get disadvantage. If WTF form is not performed, the competitor will get disadvantage.
 - Sparring:** All competitors are expected to bring their sparring equipments: Mouth Guard, Groin Cup, Head Gear, Instep & Shin Guard, Hand & Forearm Guard, Chest Protector. * All required gears will be sold at the championship entrance.
 - Traditional World Tae Kwon do Federation rule (modified by Mountain Kim Martial Arts). Two points for controlled head kick. One point for chest guard strike with kick or noticeable reverse punch.
 - One round of 90 seconds for all color belts. Two rounds of 60 seconds for black belts
 - Board Breaking:**
 - All color belts – Maximum 3 targets.
 - Black Belts – Maximum 5 targets.
- *NO SAND BLOCKS OR BRICKS. WOODEN BOARDS ONLY
- *Please visit www.mtkim.com and look for detailed rules.

WHITE UNIFORMS ONLY

Name _____

Phone _____

Address _____

City _____

State _____ Zip _____

Emergency Contact & Phone # _____

Email _____

Do Jang (school location) _____

I hereby submit my application for registration in the 2016 Mountain Kim Martial Arts 58th Annual championship. I agree to waive all claims against anyone associated with the championship for injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with the Championship.

I shall strictly observe and obey the rules and regulations, printed, verbal or otherwise, governing this Championship. I further agree that any picture taken of me in connection with the Championship can be used by Championship Director for publicity or promotion without compensation at this or any other time.

Signature _____ Date _____

PARENT OR GUARDIAN (IF UNDER 18 YEARS OF AGE)

SEND PAYMENT TO: Mt. Kim
 210 Dominion Road
 Vienna, VA 22180

Admission: \$10.00 (Free for 5 under, and 65 above)

PLACE OF TOURNAMENT:
Northern Virginia Community College
 Annandale Campus
 8333 Little River turnpike, Annandale, VA 22003 **CE Building**

For information: (703)-255-0202 mtkimvienna@gmail.com

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Please contact 703-255-0202